


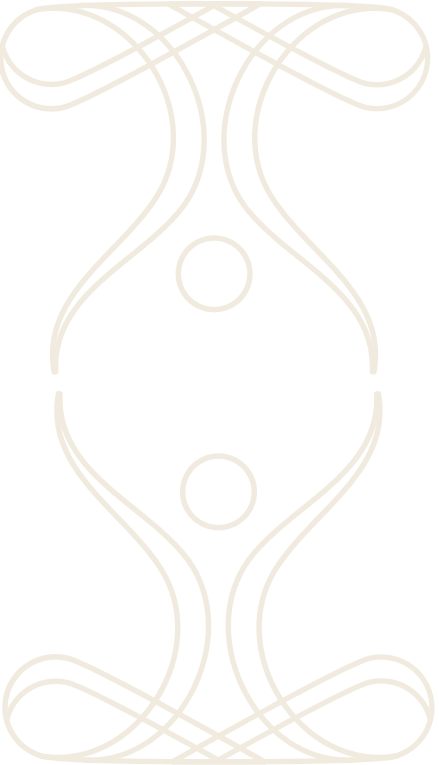


LUN	MAR	MER	JEU	VEN	SAM	DIM
		9:00 - 10:00 QI GONG Co				
10:00 - 11:30 YOGA DOUX Nathalie			10:30 - 11:30 YOGA PRANAYAMA MÉDITATION Nathalie		ATELIERS HARMONIE CORPORELLE & ÉMOTIONNELLE Thématiques mensuelles	10:00 - 11:00 ATELIERS MÉDITATIONS MENSUELLES Corinne
12:15 - 13:45 HATHA YOGA Nathalie	12:30 - 13:30 YOGA VINYASA Marion		12:15 - 13:45 HATHA YOGA Nathalie			
14:15 - 15:30 YOGA POSTURAL Nathalie	15:00 - 16:30 YOGA DOUX Nathalie		14:15 - 15:30 YOGA POSTURAL Nathalie	14:15- 15:15 YIN YOGA Corinne		
17:00 - 18:15 YOGA IN ENGLISH Liezl	17:15 - 18:15 YOGA PRANAYAMA Nathalie			17:30 - 19:00 YOGA IN ENGLISH Liezl		
18:30 - 19:30 RENFORCEMENT MUSCULAIRE Amanda	19:00 - 20:30 HATHA YOGA Corinne	18:30 - 19:30 HATHA YOGA Corinne		